# COMPETITOR INFORMATION GUIDE

# MORLEY AUTO GROUP ECHUCA MOAMA MULTI SPORT FESTIVAL

### SATURDAY 20 & SUNDAY 21 JANUARY 2024



#### HOSTED BY THE ECHUCA MOAMA TRIATHLON CLUB

All information contained in this document was accurate at the time of publishing, please monitor website and social media for any updates or changes.



# **EVENT PARTNERS, SPONSORS & SUPPORTERS**

Without the support of our wonderful event partners this event would not be possible. The Echuca Moama Triathlon Club are truly grateful for their valued, generous, and ongoing support

#### NAMING SPONSOR

Morley Auto Group

#### **MAJOR SPONSORS**

Edge FM Moama Bowling Club Campaspe Shire Countil

#### **GOLD SPONSORS**

Charles L King & Co - Cavalier Homes
The Riverine Herald - Ash Hall Cycles
Andrew Peace Wines - Coolabah Turf
Zero Sports Beer - Echuca Printers

#### SILVER SPONSORS

Play it Safe by the Water - The Port Ice Creamery - Rich Glen Olive Oil BruBurger - The Odd Captain - Moama Bakery - Moama RSL

#### **BRONZE SPONSORS:**

Rich River First Aid - Nullarbor Sustainable Timber & Joinery - St Josephs College Echuca Complete Per4mance Coaching - Salters Panel Works Echuca Murray Goulburn Tree Service - Echuca Storage

#### **EVENT PARTNERS & SUPPORTERS:**

Murray River Council Maritime NSW Victoria Police VicRoads New South Wales Police AusTriathlon VicTriathlon Nierbo Motel Echuca Radcliffes / Port 53 Restaurant Moama RSL Echuca Search & Rescue Echuca Inland Outriggers & Canoe Club M1 Traffic & Labour Echuca Moama Cycling Club Fast Finish Event Timing Moama Water Sports Club - Southern 80 Morrisons Winery and Restaurant Play It Safe By The Water



# **EVENT INFORMATION**

#### WELCOME TO COUNTRY

The Echuca Moama Triathlon Club acknowledge the traditional owners of the land on which we gather for our event weekend. We respect and acknowledge their unique Aboriginal cultural heritage and extend our respect to their elder's - past, present and emerging as the Traditional Owners of this country. We are inspired by the strength and endurance of the world's oldest living culture, and we draw on and pay homage to this as we participate in our endurance events.

#### MESSAGE FROM THE RACE DIRECTOR

Welcome to all competitors, spectators, sponsors and supporters to the Morley Auto Group Multisport Festival for 2024! We look forward to again showcasing Echuca/Moama and its surrounds and we hope you enjoy the weekend exploring and supporting local businesses in our regional area - many who are sponsors of this event.

We are extremely excited about this year's event as our 25th Year Celebration - a true testament to all those who have been involved, helped organised, participated, sponsored and supported this event over the years. A huge thank you also goes to <u>Morley Auto Group</u> who have been a sponsor of this event since its inception 25 years ago.

We have an array of events over the weekend, including our Coolabah Turf Junior Duathlon Events, our coveted Morley Auto Group Sprint Triathlon and concluding on Sunday with Cavalier Homes Wharf to Winery Swim Events - which will double as a celebration on the lush lawns of Morrisons Riverview Winery to round out our weekend multisport festival. So make sure you come and join us!

We aim to make this weekend a true celebration to mark the huge achievement for our regional club to have held this event for 25 years! A huge thankyou to everyone involved from our Event Management Team - who this weekend couldn't go ahead without and our Tri Club Committee who continue to strive to provide high quality events in both an enjoyable and safe environment.

To our members, past and present - many who are either participating or volunteering, thank you for help making this event and our Club so special. Thank you to our sponsors, supporters, government bodies and the many agencies that have also supported us, and the unwavering support of our local community.

In a climate where regional racing is becoming increasingly challenging, we are dedicated to continuing the tradition of our Multisport weekend in our region!

To all competitors, new and returning, we encourage you to race with gratitude, be safe and enjoy our truly unique event.

We hope you enjoy this years event and we look forward to having you back again next year!



Sarah Mulkearns Race Director

### **EVENT SCHEDULE**

#### **THURSDAY 18 JANUARY 2024 - ONLINE**

MIDNIGHT Online entries close for Sprint Triathlon and Junior Duathlon. On day entries will be available for Wharf to Winery Swims

#### SATURDAY 20 JANUARY, BRICK ALLEY OVAL, MOAMA: JUNIOR DUATHLON

8:00AM	Junior Duathlon Registration Opens
8:45AM	Junior Duathlon Registration CLOSES
8:50AM	Junior Duathlon Event Briefing and Instructions
9:00AM	Junior Duathlon Event Start!
10:00AM	(approx) Junior Duathlon Presentations

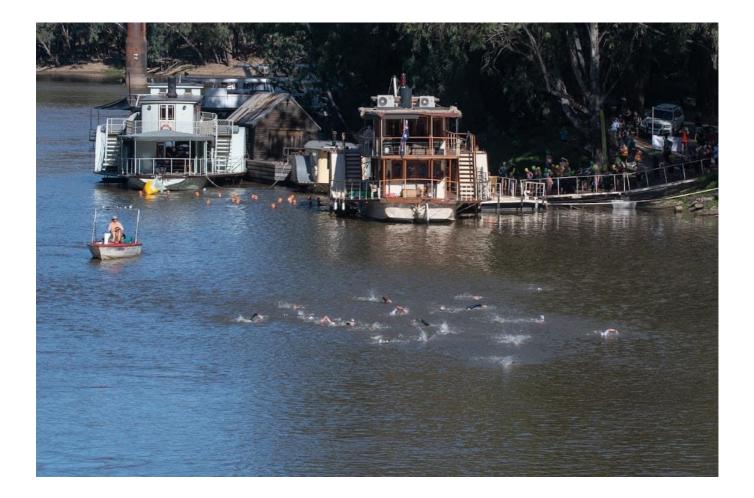
#### SATURDAY 20 JANUARY, HOPWOOD GARDENS, ECHUCA: SPRINT TRIATHLON

3:00PM	Sprint Triathlon Race Day Registration Opens
3:00PM	Cavalier Homes Transition Area Open
4:45PM	ALL Sprint Triathlon Race Day Registrations Close
5:05PM	Event Briefing & Safety Instructions
5:15PM	Cavalier Homes Transition Area Closes
5:15PM	DAVID MEADE SUPERCLASS AND AQUABIKE to Swim Start (~5-10min walk)
5:30PM	DAVID MEADE SUPERCLASS RACE START! Followed by AQUABIKE
5:30PM	AGE GROUP AND TEAMS Move to Swim Start (~5-10min walk)
5:45PM	AGE GROUP AND TEAMS Final Briefing at Swim Start
6:00PM	RACE START! First swim wave
7:20PM	Cavalier Homes Transition Area OPEN (after last bike)
8:00PM	(approx.) Presentations, Hopwood Gardens
8:30PM	Event Concludes

## **EVENT SCHEDULE**

#### SUNDAY 21 JANUARY, CAVALIER HOMES WHARF TO WINERY 3KM RACE START - BEHIND ECHUCA LIBARY, 'THE ONION PATCH' 1.5KM RACE START - VICTORIA PARK BOAT RAMP

8:00AM	Race day registration opens + on day entries. Behind Echuca Library
9:10AM	Race day registration and on day entries close
9:15AM	Event Briefing and Instructions
9:20AM	Competitors head to swim start
9:30AM	3KM RACE START! First swim wave
9:40AM	(approx) 1.5KM RACE START!
10:30AM	Anticipated all swimmers finished
10:30AM	BBQ Brunch & Entertainment - Outdoors, Morrisons Riverview Winery
11:00AM	Presentations (approx) Outdoors, Morrisons Riverview Winery
12:00NOON	(approx) First Moama RSL shuttle bus back to Echuca



## **ROAD & WATER WAY CLOSURES**

The Multisport Weekend Committee has worked with the Campaspe Shire Council, Murray River Council, Vic Roads, Transport NSW and other relevant authorities to develop Traffic Management Plans to run the Course/s as safely as possible while minimising disruption to local businesses, residents and members of the community.

Traffic Management company M1 Traffic & Labour will have traffic management personnel on the bike course directing vehicular movement in the impacted areas.

#### ROAD CLOSURES AND CHANGED TRAFFIC CONDITIONS

During the event, the following Roads and footpaths will have changed traffic conditions:

# Watson Street, Law Ct PI and Hopwood Place will be closed to through traffic from 12noon through to 9:00pm.

#### Other road closures from 5:15pm to 7:30pm:

- Dickson Street, Echuca
- High Street from Warren Street to Radcliffe Street, Echuca
- Leslie Street from High Street to Murray Esplanade, Echuca
- Murray Esplanade from Hopwood Place to Radcliffe Street, Echuca
- Hare Street from Radcliffe Street to Heygarth Street, Echuca
- Heygarth Street from Hare Street to Echuca-Moama Bridge, Echuca-Moama
- Echuca-Moama Bridge from Heygarth Street to Meninya Street, Echuca/Moama
- Meninya Street to Blair Street, Moama

With the Echuca-Moama Bridge closed in both directions during these times, the only passage between Echuca and Moama will be via the Dhungala Bridge.

#### MURRAY RIVER WATERWAY CLOSURE: Aquatic Licence 4QL36565

**Saturday 20 January 2024:** The Murray River between the Echuca-Moama Bridge and Riverboat Dock will be subject to a closure between 5:30pm and 6:30pm, whilst participants complete the swim section of the event.

**Sunday 21 January 2024:** There will be a rolling river closure of the Murray River from Echuca-Moama Bridge to Morrisons Riverview Winery, Moama between 9:15am and 11:00am, for the Cavalier Homes Wharf to Winery Swim.

Full Road and Water Way Closure Information can be viewed here: <u>www.echucamoamatriclub.com/road-closures</u>

# COOLABAH TURF JUNIOR DUATHLON RACE DAY INFORMATION

#### VENUE: Brick Alley Oval, Moama.

The start/finish line and transition area is all at Brick Alley Oval. 31-37 Kirchhofer St, Moama. You will also find our registration team and public toilets. We will have an announcer to ensure you know where to be and when for your event. And don't forget to bring your family and friends to see you out in action!

#### PARKING

There is ample parking available including:

- Moama Grammar
- Moama Adventure Play Park
- Jack Eddy Oval, Moama
- Moama Football Club Oval

All just a short walk to the event start/finish line.

**EVENT FORMAT** A duathlon event, consisting of a run, bike and run (in that order). Different distances are offered for the two different age brackets.

**\*\*PLEASE NOTE\*\*** The bike leg is a off-road gravel surface. If you are unfamiliar with the area, please contact us if you would like to discuss bike suitability.

7-10yrs: 100m run | 3km bike | 400m run 11-14yrs: 200m run | 6km bike | 800m run **Age is determined as at 31 December 2024.** 

#### AGE GROUPS FOR AWARD CATEGORIES

7-8 years male & female
9-10 years male & female
11-12 years male & female
13-14 years male & female
Age is determined as at 31 December 2024.



#### WHEN YOU ARRIVE

Upon arrival attend the registration area and check in. You will be given an electronic timing band. Place this band on your left ankle. You will also be given a fluoro lycra vest to wear during the event. This vest is for safety of competitors, but also to differentiate competitors from the respective courses and assist with marshalling.

Once registered, place your bike on the racks in the transition area. When looking at your bike on the rack, you will set up your gear on the RIGHT hand side of your bike. We recommend placing a bright towel down so you can find your spot when you come back from the bike leg.

Please remove any bags / any equipment that will not be used in the event from the transition area.

#### **EVENT BRIEFING**

All competitors must attend the final briefing before the start of the event, 8:50AM.

There is a reasonable expectation that all entrants have read this Competitor Information Guide and have a basic understanding of the course and requirements. . It is also expected that all competitors have watched / listened to the Virtual Race Briefing.

www.echucamoamatriclub.com/race-briefings

**REFRESHMENTS** Water and fruit will be offered to juniors at the finishing line. Plus an ice-cream voucher thanks to event sponsors The Port Ice Creamery!

**FIRST AID** Rich River First Aid response crews will be on stationed at the start/finish line.



# COOLABAH TURF JUNIOR DUATHLON RACE DAY INFORMATION

#### THE RACE START

Juniors will marshal on the grass oval near the transition area as directed by event staff. The race will start in wave groups, with older competitor age groups going first. Your time will start when your age group is designated to start.

#### **COURSE INFORMATION**

The first leg of the duathlon is a run which will be a straight out on the oval, turning at a marshal (closest marshal for the 7-10yr olds and another marshal for the 11-14yr olds) and then returning to the transition area and to their bike. Once their bike helmet is on, juniors will then wheel their bikes to a sealed road where the mount line is, to mount their bike.

Juniors will be directed around the 3km looped bike course by marshals and event staff. 7-10 year old's will complete 1 x lap and all 11-14 years old's will complete two (2) x laps. Please keep to the left when riding, unless passing.

After finishing the bike juniors will dismount their bikes at the dismount line before reentering the grass oval and run their bike back to transition and rack their bikes. Look out for your bright towel and rack back in the same position.

Junior competitors then run out of transition and anti clockwise around the oval. 7-10yr olds will then finish through the finish arch after completing their 400 metre run loop. 11-14 year old's will continue around for a second lap. After which they will then finish through the finish arch. Don't forget to have fun - and smile!

Course maps can be found here: www.echucamoamatriclub.com/junior-duathlon



#### **SAFETY & RULES**

All juniors will also be required to wear a fluro lycra vest, which will be provided. This vest is not only for safety of competitors, but also to differentiate competitors from the respective courses and assist with marshalling. The lycra vest is to be worn for the whole of the event.

All competitors are to wear an approved bicycle helmet throughout the ride section of the event. Helmets must be fitted before removing your bike from the rack and must remain fitted until your bike is re-racked at the completion of the ride. It is important that all bikes are of generally good condition, with operational brakes.

Riders must stay to the left of the road / pathways unless passing and adhere to any and all directions from marshals.

No bare torsos are allowed on the bike or run sections of the events.

All competitors must wear shoes on the bike and run legs.

Juniors are encouraged to bring their own water bottle for hydration. Water will also be available at the finish line.

#### **GEAR AND EQUIPMENT**

- Bright / identifiable Towel
- Fluro Lycra Vest (provided by EMTC)
- Timing Band (provided by EMTC)
- Bike
- Helmet
- Water bottle
- Runners / Sneakers
- Socks (optional)
- Comfortable clothes to run and bike in
- Hat (optional)

#### **START LINE / EVENT VILLAGE**

Hopwood Gardens, Echuca, which is found at the roundabout intersecting Warren and High St Echuca. At our event village you will find registration, public toilets, water, sponsors, timing, transition area, finish line and Club Tents. We will have an MC to ensure you know where to be and when for your event. And don't forget to bring your family and friends!

**PARKING** Just like most events, parking at the venue will be busy on event day and some roads will be closed. There is however ample off-street parking in the area with just a short walk to the event village (please check parking restriction signs) and at the Victoria Park Sports Complex off Crofton Street. Note any road closures

**BAG DROP** Bag drop will be near the registration area / Rotunda in Hopwood Gardens. We request that you bring a small plastic bag or bag/back pack and make identifiable with your race number for ease of collection. Please don't leave any valuables at the bag drop, we cannot accept responsibility for valuables that are lost or stolen.

**PUBLIC TOILETS** The closest public toilets are near the start/finish line in the Port Discovery Centre. These are clearly marked. There is a second set of public toilets just down from the Discovery Centre attached to the Star Hotel via Murray Esplanade.

**FIRST AID** Rich River First Aid response crews will be on stationed at Hopwood gardens and roam course if / as required.

#### **EVENT FORMAT**

Sprint distance Triathlon event, in traditional swim, ride and run format (in that order). Aquabike will complete swim, bike ONLY.

#### CATEGORIES

Individual Age Groups (male & female): David Meade SuperClass Can also contend for Age Group honours and Regional State Championships 14–16yrs | 17-19yrs | 20–24yrs | 25-29yrs | 30-34yrs | 35-39yrs | 40-44yrs | 45-49yrs | 50-54yrs | 55-59yrs | 60-64yrs | 65-69yrs | 70-74 | 75yrs+

#### **Teams Categories:**

Female Team | Male Team | Mixed Team Of either 2 or 3 participants AquaBike Categories: Overall male & female

#### WHEN YOU ARRIVE

Upon arrival, attend the registration area and check in. You will receive your race pack which will include swim cap, wrist band, timing band, helmet and bike stickers and other goodies. Included in your race pack are instructions for your stickers, timing band and wrist band.

All participants this year will also receive one of our 25 Year Commemorative Towels!

#### COOLABAH TURF TRANSITION AREA

Please proceed to check your bike into the transition area. Stickers must be on your bike and helmet, wrist band on and your helmet must be on your head and fastened up when entering the transition area. Bike and helmet checks will be conducted at the time of bike racking.

The David Meade Superclass Wave will have a designated area for racking their bikes. All other competitors will be able to rack their bike anywhere in transition. Please ensure bikes are racked on alternative sides of the racks.

When you have set up your transition area, remove any bags / any equipment that will not be used in the event from the transition area.

#### **EVENT BRIEFING**

A pre-race briefing will be held in Hopwood Gardens prior to competitors moving to the swim start. All competitors must attend the final briefing before the start of their event. Other key race information is contained within this guide and any relevant updates will be posted via social media, email and via on day audio broadcasts.

There is a reasonable expectation that all entrants have read this Competitor Information Guide and have a basic understanding of the course and requirements. It is also expected that all competitors have watched / listen to each of the Virtual Race Briefings for each leg. www.echucamoamatriclub.com/race-briefings

#### COURSE INFORMATION Andrew Peace Wines Swim - 700M

A downstream swim in the beautiful Murray River. There is a short walk from the Hopwood Gardens to the swim start. A vehicle will be provided to transport any footwear that is worn to the start area.

Competitors will be released in waves, determined by age groups and identified by swim cap colour. Please ensure you are away of your swim wave start time.

Competitors will swim downstream from the start location, through the Historic Port area and exit the water after passing through the revamped Riverboat dock via a set of stairs. You will then have a short run up the river bank to transition.

On water support will be provided by Echuca-Moama Search & Rescue, Echuca Canoe Club, Inland Outriggers Club, Maritime NSW and

Marine Rescue Moama.





#### Ash Hall Cycles Bike - 20KM (4 x LAPS)

2023 saw the introduction of a brand new 4 lap bike course that is athlete and spectator friendly, on a flat but technical course through the Historic Echuca Port precinct and connecting streets. For 2024, we made some slight adjustments to improve safety and the competitor experience. We think you will like the changes!

This is a FOUR lap course. After completing the 4th lap, you will do your U-turn at the end of Dickson street, then get ready to jump off your bike as you will turn LEFT into Law Court Place and hit our dismount line. Riders will then head back to the Transition area, for Transition 2 and onto the run!

Last year we had a couple of riders head out for a 5th lap! Don't be that rider this year! ;-p

#### Coolabah Turf Run - 5KM (2 x LAPS)

A 2 lap run course along the river and through the heart of the Port Precinct. A slightly modified course to previous years, but spectacular just the same! The run will take you along the Mighty Murray River, the historic paddle steamers, around 'Aquatic Reserve', and under the 'old' Echuca Moama Bridge - the very road you will ride on!

You will then turn around and make your way the same way back towards transition for your second lap. Once you complete two laps you will be back in front of a cheering crowd and turn into the finishers chute, located at Hopwood Gardens, Echuca!

Course maps and details can be found here: <u>www.echucamoamatriclub.com/sprint-course-</u> <u>maps</u>





#### TEAMS

Male, Female and Mixed Team categories are on offer. Teams consist of either 2 or 3 competitors. Team members waiting to complete their leg must ensure they are at their transition area in time for their team member.

**The process:** The swimmer will start with the timing band around their ankle. When they finish the swim leg they will run into transition to meet their rider who will be waiting at their bike. Team members will remove the timing band and proceed to place it on the left ankle of the bike rider. The rider will then head out and complete the bike course - 4 laps. Once the rider finishes they will run their bike back into transition and meet their runner who will be waiting at their transition area. When the rider has racked their bike, team members will proceed to place it around any ankle of the runner. The runner will proceed to complete the run leg - 2 laps.

When you have completed your leg, please exit the transition area.

Team members are welcome to join their runner down the finishing chute as long as they do not impede any other competitors on course. Wait at the end of the finishing chute for the runner and proceed to run down the finishing chute with them when safe to do so.

#### MOAMA BOWLING CLUB AQUABIKE

Consists of 700m swim, and 20km bike. The official 'finish line' of the Aquabike is at the dismount line. This is when your timing will finish. When you have returned to the transition area, you can then proceed to make your way around and down the finishers chute for a finishers photo and onto refreshments.

PLEASE ENSURE YOU RETURN TIMING CHIP BACK TO FINISH AREA otherwise you will be charged for non-return.

#### **DRINK STATION**

A double sided drink station will be provided on the run course. There is no drink/aid station on the bike course. The drink station will be accessible from both directions of the run course at the following points (approx):

- 1km mark & 1.8km mark
- 3.6km mark & 4.4km

Water will be provided in cups. Runners who are after a drink should make their way to the drink station on the side of the path they are running and either collect from a volunteer or from the tables provided. Bins will then be provided down from the drink station, it is an expectation that runners attempt to throw their used cup in the bins provided. Please do not discard cups or any other rubbish outside of the drink station zone.

#### **CHARLES L KING & CO FINISH LINE**

When you cross the finish line we will have helpful volunteers to congratulate you and to help remove your timing band.

#### ZERO + SPORTS BEER RECOVERY AREA

There will be fruit and water as refreshments afterwards and medical on stand by next to the finish line.

So once you finish make your way to our refreshments area when you will then be able to see your friends / loved ones after your race.

#### **CUT OFF TIMES**

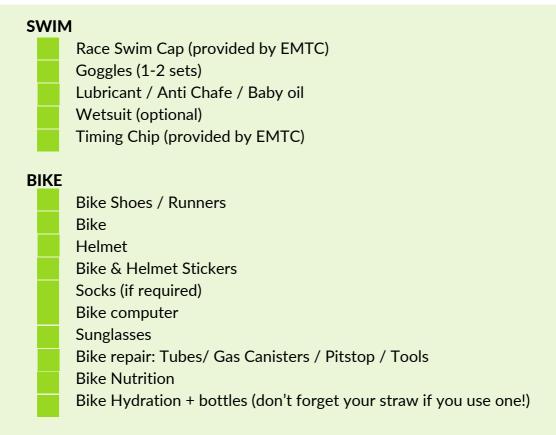
Due to water way and road closures, we have the following cut off times:

Swim: 6:30pm | Bike: 7:30pm | Run: 8:00pm

You will still be permitted to finish your event, you may just be asked to move off any roads as required.

# **RACE DAY CHECKLIST**

Don't forget anything on race day ! Use our Race Day Checklist to help with your packing and ensure you don't forget anything OR if there is something you haven't thought of before..



#### RUN

- Visor/ Cap
- Sunglasses
- Runners + Elastic Laces (optional)
- **Run Nutrition**

#### **GENERAL / TRANSITION**

- Tri Suit / race gear
- Garmin / sports Watch Fields Set up/ Multi sport
- Drink Bottles
- Optional: Socks
- Talcum powder / baby powder
- Vaseline / Anti-Chafe
- Transition Towel
- Sunscreen
- Bike Pump

#### OTHER

- Thongs, spare pair of shoes/runners
- Black marker / texter
  - Charges / cables (if travelling)
- Medications

#### **RACE RULES**

The event will be conducted under the rules of Triathlon Australia.

All competitors should read and understand the race rules prior to race day. These rules can be found at <u>www.triathlon.org.au.</u>

Below are some of the key race rules:

#### Swim

- The use of snorkels, fins, gloves, paddles, or flotation devices of any kind is prohibited.
- Individual paddlers or escorts are prohibited.
- A wetsuit may cover any part of the body except the face, hands and feet.
- The thickness of the wetsuit may not exceed 5mm.
- Headsets or headphones are prohibited during the swim segment of the race.

#### Bike

- The bicycle shall be propelled solely, through a chain set, without electric or other assistance.
- It is the sole responsibility of each competitor to know and follow the prescribed bike course. No adjustments in times or results will be made, for any reason whatsoever, for athletes who fail to follow the proper course.
- Cycling with a bare torso is prohibited.
   Competitors must wear a shirt, jersey, or sport top at all times during the cycling portion of the race.
- An approved helmet must be worn and fitted at all times the bicycle is in motion and must be fitted before removing the bike from the racking.
- Headsets or headphones are prohibited during the bike segment of the race.
- This is not a draft legal event. NO DRAFTING. Riders must keep clear of the 7 metre draft zone.

#### Run

- Competitors may run or walk the run section of the race.
- It is the sole responsibility of each competitor to know and follow the prescribed running course.
- Running with a bare torso is prohibited.
- Headsets or headphones are prohibited during the run segment of the race.

#### **PRIZES & AWARDS**

Sprint Distance \$300 first male & first female \$100 runner-up male & female overall \$50 third place male & female overall \$300 first MALE team \$300 first MIXED team \$300 first FEMALE team

Awards will also be awards for place getters in the various male and female age group categories.

Presentations will be in Hopwood Gardens / Event Village approx 8pm or as soon as results are made available from timing.

**RESULTS** Live results will be available online thanks to Fast Finish Timing. <u>www.fastfinish.com.au</u>

Results include splits for each leg and include overall and age group rankings. Results will also be emailed and posted to our website.



# MORLEY AUTO GROUP SPRINT TRIATHLON 'PS SUCCESS' PERPETUAL TROPHY

#### 'Acknowledging the champions and all competitors who share in their success'

In 2024 athletes will again compete for the 'PS Success' Trophy. The male and female winners will have their names added to the trophy, joining the previous champions.

#### BACKGROUND

The trophy is constructed from a piece of red gum that originated from the hull of the Paddle Steamer 'Success'. The PS 'Success' was built at Moama in 1877 and worked the Murray and Darling Rivers carrying wool and supplies. The PS 'Success' currently rests at the Port of Echuca. Like the PS 'Success' competitors in the annual Echuca Moama Triathlon travel the Murray River and through the historic port and this trophy, commissioned in 2020, recognises our strong links to the river and celebrates the many unique qualities of the event.

#### **PAST MALE & FEMALE CHAMPIONS**

- 1999 David Meade & Sophie Hawken
- 2000 Gary Smith & Emma O'Neill
- 2001 David Meade & Rebecca Hilton
- 2002 David Meade & Ruth Reidy
- 2003 Cameron Anderson & Katie Kennon
- 2004 David Meade & Sophie Hawken
- 2005 David Meade & Sophie Hawken
- 2006 David Meade & Tracy Looze
- 2007 David Meade & Julie Gollan-Foard
- 2008 Anthony Rule & Natalie Smith
- 2009 Anthony Rule & Kylie Lucas
- 2010 David Meade & Miah Franzman
- 2011 Benjamin Goodall & Julie Gollan-Foard

- 2012 Anthony Rule & Sophie Hawken
- 2013 Peter Robertson & Ange Ritchie
- 2014 Fraser Walsh & Matilda Terry
- 2015 Luke Baker & Emma Tuddenham
- 2016 Luke Baker & Stacey Roccisano
- 2017 Samuel Tebek & Shai O'Brien
- 2018 Matt Clark & Brittany Campbell
- 2019 Archie Reid & Rebecca Cladingboel
- 2020 Matthew Sullivan & Shari Livingston
- 2021 Chris Bradford & Madeline Clarke
- 2022 Georg Fellner & Regan Hollioake
- 2023 Lachlan Wright & Regan Hollioake 2024 -



# CAVALIER HOMES WHARF TO WINERY SWIM RACE DAY INFORMATION

#### VENUE

Registration and check in will be alongside the Echuca Library, near Murray Esplanade. This is just a short walk to the start area for the 3KM event at the 'Onion Patch' at the southern end of the Echuca Wharf.

The start for the 1.5KM event is at Victoria Park Boat Ramp. Approx 1.5km from registrations. Ensure you allow sufficient time to head to your start area.

#### PARKING

Free on street parking is available in and around the start area. There is also ample parking at Victoria Park Boat Ramp. Please ensure you obey any parking restrictions.

#### **GEAR BAG**

If you do not have anyone meeting you at the finish line, we have a vehicle that you can leave a bag in that you can access post event. Please don't leave any valuables at the bag drop, we cannot accept responsibility for valuables that are lost or stolen.



#### SAFETY

On water support will be provided by Echuca-Moama Search & Rescue, Echuca Canoe Club, Inland Outriggers Club, Maritime NSW and Marine Rescue Moama.

#### FORMAT AND COURSE

Swimmers will be released in waves, with the first wave of the 3KM event at 9:30AM. The first wave of the 1.5KM event will be approximately 9:40AM. Please see our 'swim wave and cap colours' information when released.

Competitors swim 3km or 1.5km downstream, heading under the new Dhungala Bridge and finishing at a floating pontoon on the banks of Morrisons Winery & Restaurant on the NSW side of the river.

#### THE FINISH LINE

# The finish area is at Morrisons Winery & Restaurant, 123 Merool Road, Moama.

Please note the finish line is the pontoon, not a virtual line across the river in line with the pontoon. Swimmers must reach the pontoon and 'touch' their timing band on the timing mat to officially finish.



# CAVALIER HOMES WHARF TO WINERY SWIM RACE DAY INFORMATION

#### PRE RACE BRIEFING

A pre-race briefing will be conducted on the morning of the event after all registered entrants have checked in. This briefing will be held at the swim start area. It is expected that all entrants attend the pre race briefing.

Other race information is contained within this guide and any relevant updates will be posted via social media, nominated email accounts and via on day announcements. It is also expected that all competitors have watched / listened to the Virtual Race Briefing.

www.echucamoamatriclub.com/race-briefings

#### **BBQ BRUNCH & ENTERTAINMENT**

A BBQ brunch consisting of BLT rolls with vegetarian options, as well as a drink will be provided to all competitors as part of their entry.

Coffees and other alcoholic and non alcoholic drinks can be purchased at Morrisons. They will also have their Gelato Bar open for service!

#### POST EVENT BUS SHUTTLE

A shuttle bus will be available for competitors post event thanks to the Moama RSL. The first RSL Shuttle will leave Morrisons Winery & Restaurant at approx 12NOON or as needed.



#### **PRIZES & AWARDS**

#### **3KM Event**

\$300 first male & first female\* !
\$100 runner up male & female\*
\$50 third place male & female\*
\*must enter the Superclasss/open category to be eligible

Other awards will go to place getters in the following categories: 3km JUNIOR (15-17) 3km OPEN (18-34) 3km MASTERS (35-54) 3km VETERAN (55-69) 3km LEGENDS (70+) 1.5km Junior (Under 18) | Open (18+)

Presentations will be at Morrisons Winery & Restaurant at approx 11AM - or as soon as results are made available from timing.

**RESULTS** Live results will be available online thanks to Fast Finish Timing. <u>www.fastfinish.com.au</u>

Results will also be emailed and posted to our website

#### **GEAR AND EQUIPMENT**

- Bathers/Swim wear
- Googles
- Wetsuit (optional)
- Swim Cap (provided by EMTC)
- Timing Band (provided by EMTC)



### THE EVENT TEAM

The Morley Auto Group Multi Sport Festival is hosted by the Echuca Moama Triathlon Club and the Event Management Team is made up of members from the EMTC Committee.

The Event Management Team is generously supported by it's club members, volunteers from the local community, local sporting clubs, clubs, groups, agencies and community members.

We again thank everyone for their support, contribution, expertise, knowledge and investment into helping us keep sporting events in our region thriving !

#### **CONTACT DETAILS:**

Facebook: Echuca Moama Triathlon Club (@echucamoama.triathlonclub) Website: www.echucamoamatriclub.com Email: echucamoamatriclub@gmail.com

