

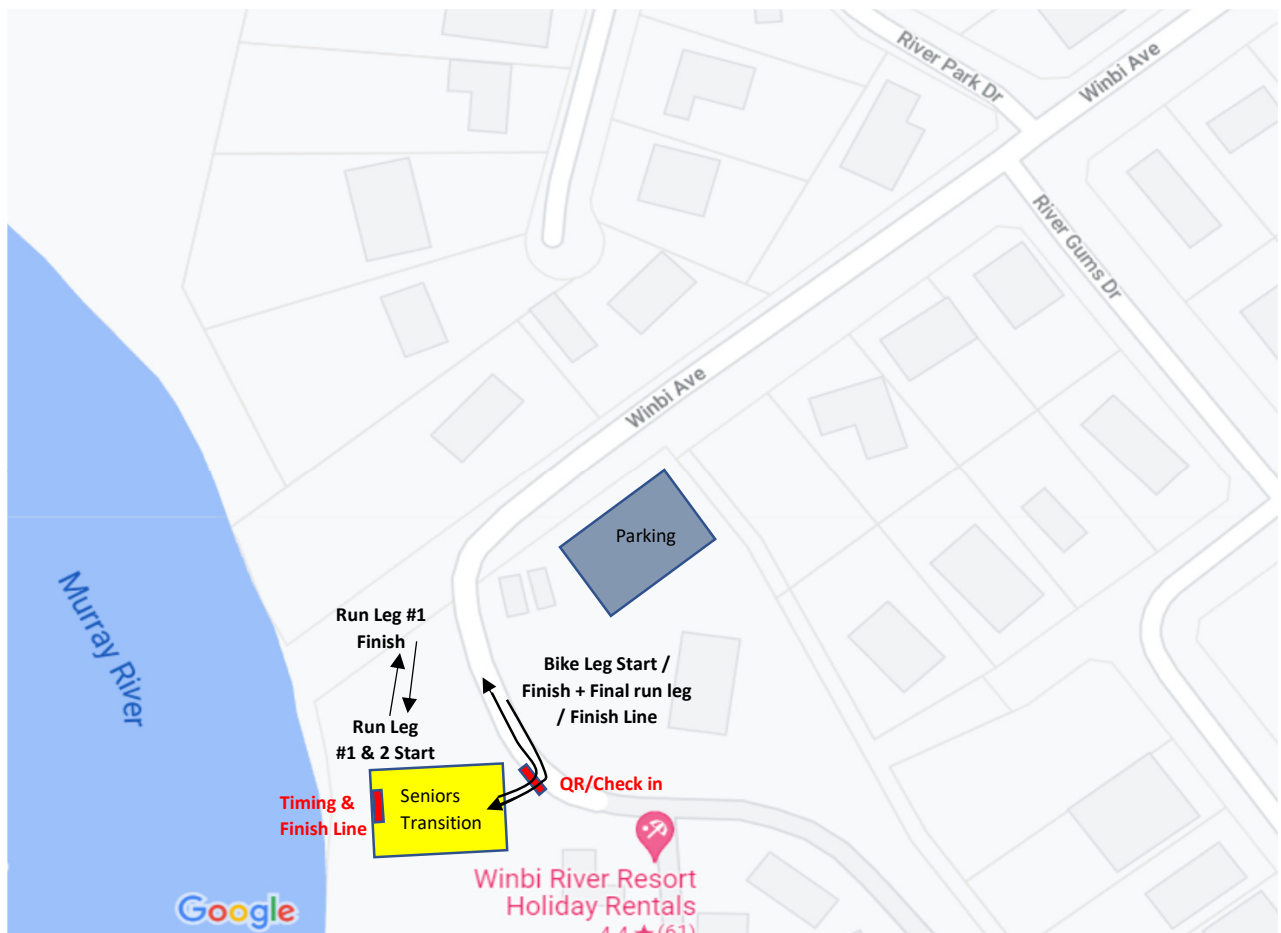
SPLASH & DASH WINBI DUATHLON COURSE SENIORS / ADULTS

1km Road & Trail Run
11km Road Ride
2.4km Road & Trail Run

TRANSITION / RACE VENUE

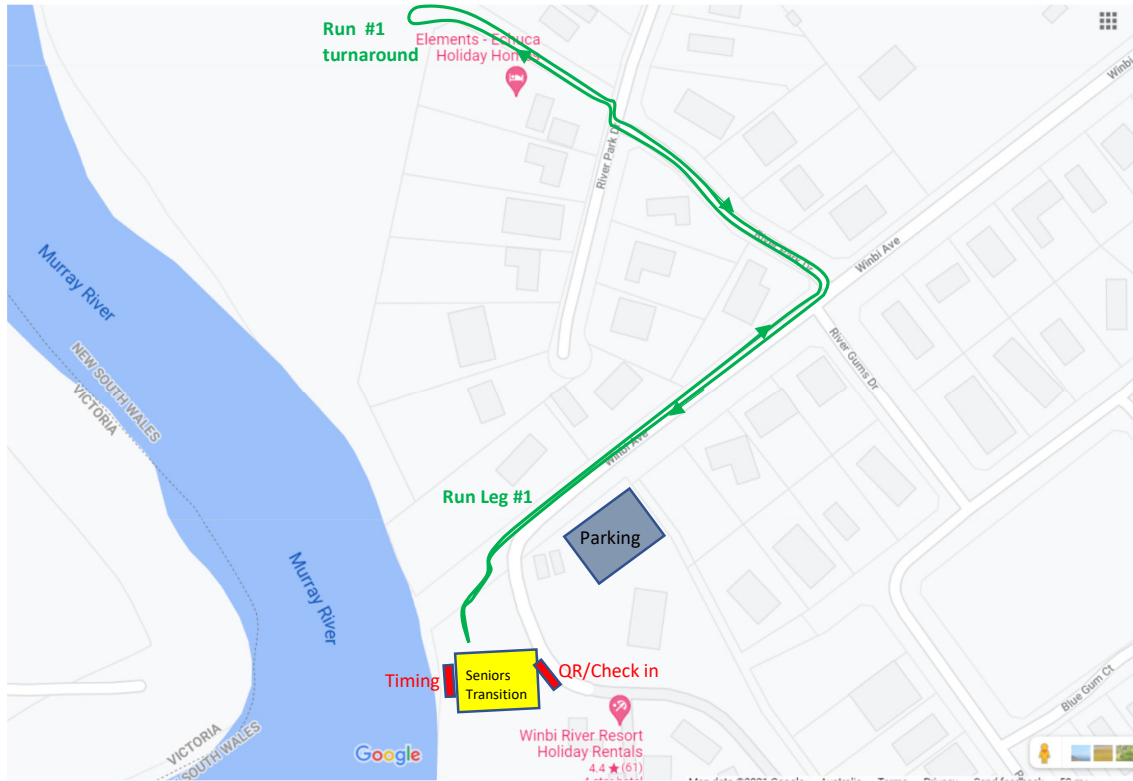
The Club is privileged to be able to utilise the area in WINBI and thank WINBI for their continued support to allow our members and the community to race in this location. As such, we request that you are courteous and respectful when on site and racing, including parking in the designated areas, taking any rubbish away with you, being mindful of those living / staying in the homes and rentals, and giving way to vehicles and pedestrians as required.

The venue has ample parking, a large, grassed area for transition, and overlooks the Mighty Murray River. A beautiful spot for our weekly events. *Note: There are no onsite toilet facilities.*



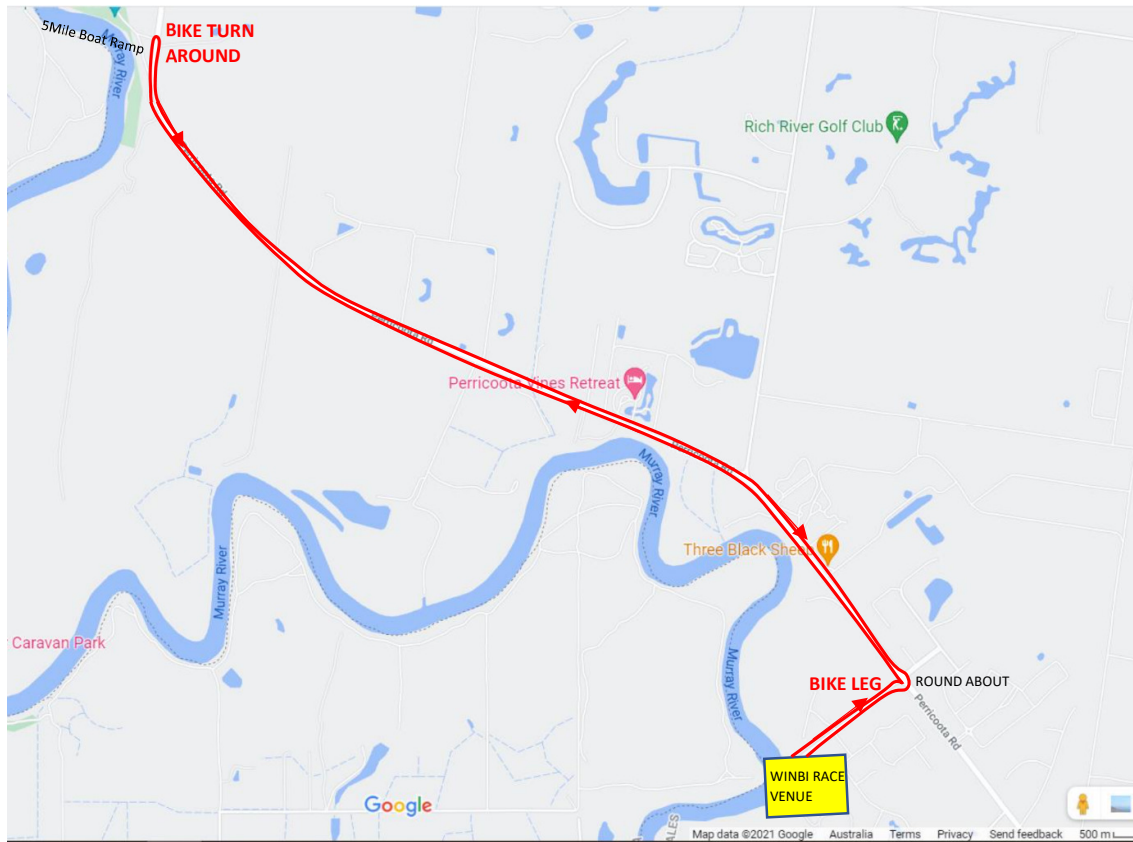
RUN LEG #1 – 1km

Starts at the transition area, head out along Winbi Ave via the stairs, left into Riverpark Drive and cross over into the bush track. You will do a u-turn at a large tree in the bush track (a cone will mark this spot) and head back the same way into the transition area.



BIKE LEG – 11km

The ride heads out Winbi Ave, turns left at the roundabout onto Perricoota Road and you complete a u-turn (approx 5.5km) at the turnoff to 5Mile Boat Ramp. There will be a bike marshal here, as you will be required to turn around on Perricoota Road. All cyclists must giveaway to traffic and abide by any directions from the bike marshals on course. You then head back the same way you came, turning right at the roundabout into Winbi Ave back to transition.



RUN #2 – 2.4km

The run heads out onto Winbi Ave, staying to the LEFT of the road. You will then turn left into Riverpark Drive and cross over into the 'bush track' where you will turn left at the large tree you turned at in Run Leg #1 and take the 2nd path/exit complete a clockwise loop of the bush track and then back up River Park Drive, turn right back down Winbi Ave and return to transition to finish at the timing station.

